

## **The Spiritualism of a Religious Devotee and Professional Boxing as the Believer's Sport**

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### **Abstract**

While spiritualism is a complicated concept, previous studies have usually acknowledged one dimension that can be described as the Golden Rule upheld by all the world religions and philosophical belief systems, which is essentially this: "treat other people how you would like to be treated by others." This makes the choice of spiritual individuals to participate in an aggressive sport, such as professional boxing, not clearly obvious. The article will try to resolve this apparent discrepancy by offering spiritual and psychological explanations, and also real-life examples of individuals known for being committed simultaneously to both spiritualism and professional boxing.